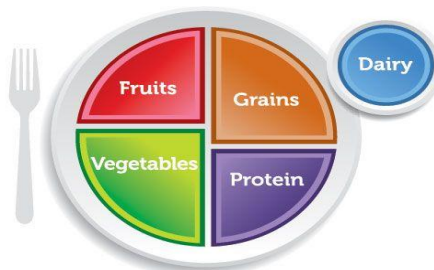


January 1 - 5, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	CLOSED	Milk	Milk	100% Fruit Juice	Milk
SNACK		Cereal Banana Half	Oatmeal Cinnamon Toast	Chicken Biscuit	Whole Wheat Waffle Turkey Sausage
Age Appropriate Sub					Cheese Biscuit = Veg.
LUNCH	CLOSED	Milk Grilled Chicken and Rice Steamed Mixed Vegetables (FZ) Diced Pears	Milk Beef-A-Roni Steamed Green Peas (FZ) Pineapples	Milk Alfredo Bowtie w/Meatballs Steamed Broccoli (FZ) Mandarin Oranges	Milk Cheese Pizza Whole Kernel Corn (FZ) Diced Peaches
Vegetarian Option		Cheddar Cheese over Rice	Marinara Noodles topped w/Cheddar Cheese	Alfredo Bowtie	
Age Appropriate Sub					
PM	CLOSED	100% Fruit Juice Pita Bread Marinara Dipping Sauce	100% Fruit Juice Cheez-It Baked Snack Crackers	Milk Homemade Banana Muffin	Water Ritz Crackers American Cheese Slice
SNACK					
Age Appropriate Sub					

(F)=Fresh fruit or Vegetable
(FZ)=Frozen

- *Water is available to children throughout the day and at all meals and snacks when desired.*
- *All juice served is 100% fruit-juice.*
- *Children age 12-24 months are served whole milk.*
- *Children 24 months of age and older are served 1% milk.*
- *Seconds will be served upon child's request.*
- *Half Day students will be served Pm Snack at 10:45 a.m.*
- *This Seasonal Menu is subject to change. All changes are posted.*



Lunch Serving Size

Meat or Meat Alternative

1 oz. (1-2 yr): 1-1/2 oz. (3-5 yr): 2 oz. (6-12 yr)

Vegetables

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/2 cup (6-12 yr)

Fruit

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/4 cup (6-12 yr)

Whole Grain

1/2 serving or 1/4 cup (1-5 yr): 1 serving or 1/2 cup (6-12 yr)

Skim or 1% Milk

4 oz. (1-2 yr): 6 oz. (3-5 yr): 8 oz. (6-12 yr)