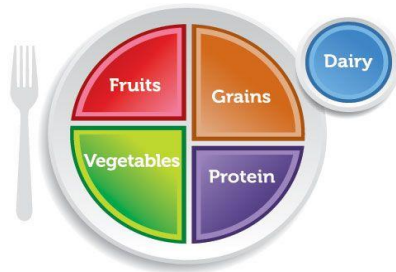


January 15 - 19, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Milk	Milk	100% Fruit Juice	Milk	Milk
SNACK	Cereal Apple Slices (F)	Chicken Biscuit	Scrambled Eggs Sliced American Cheese on Toast	Buttered Grits Toast w/Jelly	Waffles Turkey Sausage
Age Appropriate Sub					
LUNCH	Milk BBQ Meatballs w/Rice Steamed Mixed Vegetables (FZ) Mandarin Orange Slices	Milk Cheeseburger Potato Nuggets Diced Peaches	Milk Cheesy Bowtie w/Turkey Green Beans (FZ) Diced Pears	Milk Beef-a-Roni Steamed Green Peas (FZ) Pineapple Tidbits	Milk Turkey & Cheese Wraps Tomato Soup Mixed Fruit
Vegetarian Option	BBQ Rice topped with Mozzarella Cheese	Veggie Burger	Cheesy Bowtie	Marinara Noodle with Cheddar Cheese	Lettuce & American Cheese Wrap
Age Appropriate Sub					Mixed Vegetables (FZ)
PM	100% Fruit Juice Cheez-It Baked Snack Crackers	Water Sliced American Cheese Ritz Crackers	Milk Gingerbread Muffin	100% Fruit Juice Soft Pretzel Cheddar Cheese Dip	100% Fruit Juice Pita Bread Wedges Marinara Dipping Sauce
SNACK					
Age Appropriate Sub					

(F)=Fresh fruit or Vegetable
(FZ)=Frozen

- *Water is available to children throughout the day and at all meals and snacks when desired.*
- *All juice served is 100% fruit-juice.*
- *Children age 12-24 months are served whole milk.*
- *Children 24 months of age and older are served 1% milk.*
- *Seconds will be served upon child's request.*
- *Half Day students will be served Pm Snack at 10:45 a.m.*
- *This Seasonal Menu is subject to change. All changes are posted.*



Lunch Serving Size

Meat or Meat Alternative

1 oz. (1-2 yr): 1-1/2 oz. (3-5 yr): 2 oz. (6-12 yr)

Vegetables

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/2 cup (6-12 yr)

Fruit

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/4 cup (6-12 yr)

Whole Grain

1/2 serving or 1/4 cup (1-5 yr): 1 serving or 1/2 cup (6-12 yr)

Skim or 1% Milk

4 oz. (1-2 yr): 6 oz. (3-5 yr): 8 oz. (6-12 yr)