

January 8 - 12, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Milk	Milk	100% Apple Juice	Milk	Milk
SNACK	Rice Krispies Orange Slices (F)	Cream of Wheat Cinnamon Toast	Blueberry Muffin American Cheese Slice	Cheese Toast Applesauce	French Toast Sticks Sausage Link
Age Appropriate Sub					
LUNCH	Milk Chicken Tenders Baked Potato Nuggets Diced Pears	Milk Spaghetti w/Beef Steamed Green Peas (FZ) Orange Slices (F)	Milk Chicken Alfredo Bowtie Green Beans (FZ) Pineapple Tidbits	Milk Chicken Soft Taco w/Lettuce/Cheese Pinto Beans Mixed Fruit	Milk Baked Fish Mashed Potatoes Diced Peaches Roll
Vegetarian Option	Baked Cheese Ravioli	Spaghetti w/Cheddar Cheese	Alfredo Noodles	Lettuce & Cheese Soft Taco	Mozzarella Bread Roll
Age Appropriate Sub					
PM	100% Fruit Juice	Water	Milk	100% Fruit Juice	100% Fruit Juice
SNACK	Graham Crackers Soy Butter	Club Crackers American Cheese Slice	Cinnamon Breadsticks	Goldfish	Trail Mix
Age Appropriate Sub					

(F)=Fresh fruit or Vegetable

(FZ)=Frozen

Water is available to children throughout the day and at all meals and snacks when desired.

All juice served is 100% fruit-juice.

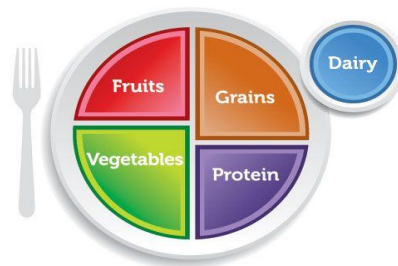
Children age 12-24 months are served whole milk.

Children 24 months of age and older are served 1% milk.

Seconds will be served upon child's request.

Half Day students will be served Pm Snack at 10:45 a.m.

This Seasonal Menu is subject to change. All changes are posted.



Lunch Serving Size

Meat or Meat Alternative

1 oz. (1-2 yr): 1-1/2 oz. (3-5 yr): 2 oz. (6-12 yr)

Vegetables

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/2 cup (6-12 yr)

Fruit

1/8 cup (1-2 yr): 1/4 cup (3-5 yr): 1/4 cup (6-12 yr)

Whole Grain

1/2 serving or 1/4 cup (1-5 yr): 1 serving or 1/2 cup (6-12 yr)

Skim or 1% Milk

4 oz. (1-2 yr): 6 oz. (3-5 yr): 8 oz. (6-12 yr)